



**FALL**

**Hillary MacLean PMA®-CPT**  
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 510-883-4172

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				6am Group Reformer		CLOSED
			7am Group Reformer			
					8:30am Group Reformer	
9:15am BONUS Reformer	9am Group Reformer	9:30am Group Reformer		9:30am Group Reformer		
	12pm Group Reformer		12pm Group Reformer		12pm Group Reformer	
		4:30pm Group Reformer				
	6pm Group Reformer	5:30pm Mat				

Schedule subject to change based upon client needs and race schedule.

**ALL CLASSES MUST BE BOOKED IN ADVANCE. BOOK ONLINE WITH MIND BODY (THERE'S AN APP FOR THAT) OR TEXT HILLARY AT 510-883-4172.**